

Frottage and toucherism, voyeurism and coitus interruptus yield to skin glowing in male

Lorenzo Martini

University of Siena, Department of Pharmaceutical Biotechnologies, Via A. Moro 2, 53100 Siena, Italy

Corresponding author: Prof. Lorenzo Martini, M.Sc, E-mail: lorenzo.martini@unisi.it

ABSTRACT

Since a patient had recounted to the A (he means a bien agé gentleman) that when he was younger, had noticed that a flic in Paris, who was imposing to him a fine for speeding, tried to hide an odd and unjustifiable penis erection beneath his trousers, the A has been brooding that that phenomenon was reputable a paraphilia that could reveal even other psychological and physiological conditions in man. (many novelists have written that when Nazis used to shoot dissidents and homosexulas in the extermination camps, showed awkwardly erections underneath their uniforms). Manifold are the paraphilias, from the simplest masturbation to the voyeurism, from the frottage to the toucherism, and the A discovered that these mental statuses could imply some hidden manifestations and/or benefits to health and skin beauty.

Key words: Paraphilia; Frotteurism; Toucherism; Corneometer; Capacitance

INTRODUCTION

Paraphilias [1] are commonly defined as sexual disorders characterized by recurrent, intense, sexually arousing fantasies, urges, or behaviors, over a period ≥ 6 months, (2-8) generally involving: non-human objects (Fetishism).

Suffering or humiliation of oneself or other person or oneself's partner (e.g.: the A recalls that once upon a time a young policeman who was imposing a fine for speeding to the A, tried to hide an odd and unjustifiable penis erection beneath his trousers) [2].

Children or other non-consenting persons.

These fantasies, urges, and behaviors produce clinically significant distress or impairments in social, occupational, and other important areas of functioning.

For pedophilia, voyeurism, exhibitionism, frotteurism and toucherism the diagnosis can be made also in the absence of personal distress, if the individual acts on the sexual urges.

Specifically speaking Frotteurism is a paraphilic interest in rubbing, usually one's pelvic area or erect penis, against a non-consenting person for sexual pleasure. It may involve touching any part of the body, including the genital area. A person who practices frotteuristic acts is known as a *frotteur* [3].

Toucherism is sexual arousal based on grabbing or rubbing one's hands against an unexpecting (and non-consenting) person. It usually involves touching breasts, buttocks or genital areas, often while quickly walking across the victim's path [4].

Some psychologists consider toucherism a manifestation of frotteurism, while others distinguish the two [5].

In clinical medicine, treatment of frotteuristic disorder involves cognitive behavioral therapy coupled with the administration of an SSRI.

All the aforesaid urges or simple fantasies of making sex, (howbeit correlated with the consciousness of the practical impossibility to do it) and even onanism, coitus interruptus and/or real sex intercourse, improves the skin wellness and beauty: they actually yield to orgasms [6].

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Table 1: Values in THz after the seven measurements in the evenings of the week in the two Cases

Case	THz at the 1 st evening	THz at the 2 nd evening	THz at the 3 rd evening	THz at the 4 th evening	THz at the 5 th evening	THz at the 6 th evening	THz at the 7 th evening
A	0.5	0.6	0.6	0.7	0.7	0.8	0.8
B	0.3	0.4	0.6	0.8	0.8	0.8	0.8

Now, whether orgasm from masturbation or sex or other mental performances, the effects are the same and the most obvious effect will always be the post-orgasm glow.

“All these physical or psychological activities let increase body temperature, which activates homeostatic mechanisms to maintain body temperature, including vasodilation of superficial blood vessels in the skin.

The dilated blood vessels lead to increased blood flow, which allows heat to dissipate from the skin and gives the skin a rosy glow.”

These physiological activities show long term skincare benefits beyond causing that immediate glow. A study by the University of Michigan [7] demonstrated that masturbation etc may increase estrogen levels even in man, which is important to preventing collagen degradation and aging.

There is a 30% drop in collagen during the first five years of andropause.

This is likely why men start noticing fine lines and wrinkles as they approach or enter andropause.” It could be asserted that more frequent masturbation can delay andropause.

In other words, by delaying andropause, masturbation delays the drop in estrogen that accelerates the aging of the skin.

MATERIALS AND METHODS

The A has recruited two men (A: an adolescent who likes to enjoy in staring at sex shop porn videos all the evenings before dinner; B a 55 y. old man who practices frottage and toucherism in subway or buses to go to work everyday) and dedicated for one entire week some minutes in the morning and some minutes in the late afternoon, when Case A goes back home from his affairs at school or elsewhere and when Case B terminates his regular day job to measure the electric capacitance of the skin (in the upper inner forearm, presently not tattooed in all the two cases) by the aids of a normal Corneometer.

The electric capacitance of the Corneometer the A used to use revealed a range of Terahertz (from 0.2 to 0.8) and the A previously scored the initial capacitance in the two Cases, like so:

Case A: 0.4 THz

Case B: 0.2 THz.

RESULTS

The following Table 1 shows the scores evaluated day after day in the two cases.

DISCUSSIONS AND CONCLUSIONS

It is suggestive to notice that in the elder (close to the advent of the climateric) the increase of the electric capacitance is more rapid than in the case of the adolescent, as a hormonal revival developed easier and swifter).

In the adolescent testosterone must be by force more elevated than in the elder.

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