
HERPES ZOSTER OPHTHALMICUS: CLINICAL PROFILE IN ADULTS LESS THAN 30 YEARS OF AGE

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The article of Herpes Zoster Ophthalmicus is very interesting, specially to remember dermatologists the importance to derive patients to further specialized ophthalmologic evaluation.

In a revision done at our institution, conducted by Miniño et al., of 36 children up to 13 years of age, authors found 5 cases with ophthalmic involvement, and association with HIV in 2/36. the authors concluded that the main possible detonating factor in all cases was malnutrition followed by non-HIV-viral infections [1]. It is important to consider that in underdeveloped countries nutrition status and infectious diseases should be sought as possible detonating factors of the disease and not just HIV status. In the case of young healthy adults it would have been interesting to have an stress assessment done. In table I there is a reference to immune status which is not actually there. Other variables would have been included.

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