

Dr. Vikash Paudel, MD, Dermatologist

Assistant Professor
Senior Consultant Dermatologist
Department of Dermatology and Venereology
National Medical College, Parsa, Nepal
DOB: 26th May
Marital Status: Married

Address

Mahalaxmi Municipality-9, Lamatar, Bagmati Province, Nepal

Mobile: +977-9849948600, Email: vikashpoudel@iom.edu.np,

Facebook: <https://www.facebook.com/vikash.paudel>

Twitter: <https://twitter.com/merodesh>

Researchgate: <https://www.researchgate.net/profile/Vikash-Paudel>

Education

Bachelor of Medicine, Bachelor of Surgery MBBS (Batch Topper with Distinction) 2010

Kathmandu University, College of Medical Sciences, Nepal (Scholar of Ministry of Education)

Doctor of Medicine (MD), Dermatology and Venereology, 2016

Topper of Tribhuvan University, Institute of Medicine, Nepal

Fellowship in Advanced Dermatology, 1 Month (2017)

International Fellowship Award, Seoul National University Hospital, Seoul, South Korea

Scholarships and Awards

1. Dubai Derma, 2020, Dubai, United Arab Emirates

Dubai dermatology and Aesthetics conference, Dubai Derma-2020

2. ESPID Fellowship Award, WSPID Amsterdam, 2020

European Society of Paediatric Infectious Disease, Netherlands

3. World Congress of Dermatology Rising Star, WCD Milan 2019

ILDS, World Congress of Dermatology-Milan

4. WSPID Fellowship Award, WSPID Manila 2019

World Society of Paediatric infectious Disease, Manila

5. JITMM Travel Scholarship Award, 2018

Joint International Tropical Medicine Meetings Travel Award, Bangkok, Thailand

6. International Fellowship Award, 2017

Seoul National University Hospital, Seoul, South Korea

7. SARAD Scholarship Award, Lanka Derma, SriLanka, 2015

Joint Organization of SriLanka College of Dermatologists and German Dermatological Society

8. Government Scholar in MBBS (Kathmandu University), 2004

MBBS from Ministry of Education MOE, College of Medical Sciences-2004

9. Padma Bahadur Prativa Padak, Gold Medal

Chetana Vidyashram, Gold Medalist in SLC 2000.

Affiliations

- 1. Life Member:** Society of Dermatologists, Venereologists and Leprologists of Nepal (SODVELON) 2016
- 2. Life Member:** National Medical Association (NMA) 2010
- 3. Member:** Joint International Tropical Medicine Meeting 2018
- 4. Member:** International League of Dermatological Society (ILDS) 2016
- 5. Member:** South Asian Regional Association of Dermatologists (SARAD) 2016
- 6. Executive Editor:** **Med-phoenix**, Journal of National Medical College
- 7. Editorial Member:** **Nepal Journal of Dermatology, Venereology and Leprology**

Dermatological Skills

- Advanced Clinical Dermatology
- Treatment and counselling of sexually transmitted infections including HIV
- Diagnosis and Treatment of Leprosy
- Voluntary Counselling
- LASER Surgeries
CO2 Ablative and non-ablative, Laser toning, Q Switched ND: YAG)
- LASER Hair Removal/Reduction
- Intense Pulse Light therapy
- Phototherapy
- Photochemotherapy
- Photodynamic therapy
- Radiofrequency ablation
- PRP therapy
- Derma-abrasion
- Cryosurgery
- Chemical Peeling
- Electrolysis, Iontophoresis
- Iontophoresis
- Nail Surgery
- Skin rejuvenation
- Scar revision
- Vitiligo Surgery

Work Experience

1. **Assistant Professor, Dermatology** (Tribhuvan University), National Medical College and Teaching Hospital, (Since 2016 June)
2. **Chief MBBS Coordinator**, National Medical College (Since Jan 2018)
3. **Departmental Post-Graduate Coordinator:** Department of Dermatology, National Medical College Teaching Hospital (Since 2018)
4. **Consultant Dermatologist:** Alpine Medical College and Teaching Hospital, Simara, Nepal
5. **Executive Editor:** Medphoenix, Journal of National Medical College (Since 2020.01)
6. **Journal Editor:** Medphoenix, the official journal of National Medical College (2016-2020)
7. **Assistant Editor:** Nepal Journal of Dermatology, Venereology and Leprology (Since 2018)
8. **Chief Editor:** Echo-Annual College Magazine of College of Medical Sciences, Chitwan
9. **International Fellow**, Department of Dermatology, Seoul National University Hospital, Seoul, S. Korea (2017)
10. **Dermatology Resident**, Institute of Medicine, Department of Dermatology (2014-2016)
11. **Medical Officer**, Seti Zonal Hospital, Far-West Province, Nepal (2010-2012)

Scientific Publications ORCID ID: <https://orcid.org/0000-0001-8729-052X>

1. **The Challenges of COVID-19 in Medical Education in Nepal**
Paudel V, Neupane S. Nepal Journal of Dermatology, Venereology & Leprology, 2021;19(1), 1-2. <https://doi.org/10.3126/njdvl.v19i1.35308>
2. **Clinico-mycological Study of Dermatophytosis and Their Antifungal Susceptibility, A Hospital Based Study**
Pradhan M, Paudel V. Nepal Journal of Dermatology, Venereology & Leprology, 2021;19(1):30-6. <https://doi.org/10.3126/njdvl.v19i1.34693>
3. **Angiokeratoma corporis diffusum universale: A rare case report from Nepal**
Paudel V, Chudal D. Our Dermatol Online, 2021;12(2):174-176.
<https://doi.org/10.7241/ourd.20212.18>

4. Clinico-Epidemiological Characteristics of Scabies in Children. Do We Need Mass Drug Administration?

Paudel V, Pradhan M, Shah A, Chudal D. Nepal Medical Journal, 2020. 3(2), 15–18.
<https://doi.org/10.37080/nmj.123>

5. Misuse of Topical Corticosteroids in Dermatological Disorders in Tribhuvan University Teaching Hospital

Chudal D, Paudel V. Journal of Nepal Health Research Council, 2021.18(4), 729-733.
<https://doi.org/10.33314/jnhrc.v18i4.2832>

6. The Increasing Scope of Teledermatology in Nepal

Paudel V. J Nepal Med Assoc. 2020;58(232) <https://doi.org/10.31729/jnma.5318>

7. Carbamazepine-Induced Toxic Epidermal Necrolysis Managed by Mobile Teledermatology in COVID-19 Pandemic in Rural Nepal.

Paudel V, Chudal D. Case Rep Dermatol Med. 2020 Nov 6;2020:8845759.
<https://doi.org/10.1155/2020/8845759> PMID: 33204546; PMCID: PMC7656234

8. Dermatological Aspects of COVID-19 and Nepal.

Paudel V. Kathmandu Univ Med J. 2020; COVID-19 Special Issue 70(2):99-100.

9. Surgery of Kerion, a Nightmare for Nondermatologists

Paudel V. Case Rep Dermatol Med. 2020. <https://doi.org/10.1155/2020/8825912> PMID: 33014477; PMCID: PMC7512080.

10. Classical pellagra, the disease of 4 Ds, the forgotten entity.

Paudel V, Chudal D. Pan Afr Med J. 2020;36(219).
<https://doi.org/10.11604/pamj.2020.36.219.24806> PMID: 32963685; PMCID: PMC7490128.

11. Tele-dermatology in clinical management of suspected cutaneous leishmaniasis in COVID-19 pandemic.

Paudel V. NJDVL. 2020;18(1): 91-92. <https://doi.org/10.3126/njdvl.v18i1.31120>

12. Erectile dysfunction secondary to herpes zoster

Paudel V. J Nepal Health Res Counc 2019 Oct-Dec;17(45): 556-7

<https://doi.org/10.33314/jnhrc.v17i4.2174>

13. Tuberculosis and HIV co-infection; the deadly duos in vulva.

Paudel V, Chudal D, Pokhrel DB, Indian Journal of Tuberculosis. May 2018.

<https://doi.org/10.1016/j.ijtb.2018.05.016> PMID: 30522612

14. Cutaneous leishmaniasis in Nepal: an emerging public health concern.

Paudel V, Parajuli S, Chudal D. Our Dermatol Online. 2020;11(1):76-78.

<https://doi.org/10.7241/ourd.20201.20>

15. A clinico-epidemiological profile of herpes zoster; a cross-sectional study from tertiary hospital, Nepal

Paudel V, Pandey BP et al, Medphoenix.2018.3(1).60-65.

<https://doi.org/10.3126/medphoenix.v3i1.20764>

16. Epithelioid sarcoma, a rare cause of non-healing ulcer

Paudel V, Das AK, Journal of Institute of Medicine. 2017 Dec 1;39(3)

17. Cutaneous leishmaniasis in natives of central region of Nepal.

Paudel U, Parajuli S, Paudel AS, **Paudel V,** Pokhrel DB. Kathmandu Univ Med J. 2019;65(1):79-81. PMID: 31734685

18. Pattern of patch test reactivity among patients with clinical diagnosis of contact dermatitis: A hospital-based study

Parajuli S, **Paudel V,** Paudel U, Pokhrel DB. Our Dermatol Online. 2017;8(4):389-392.

<https://doi.org/10.7241/ourd.20174.111>

19. Rupture Uterus in a Tertiary Care Centre: A Descriptive Cross-sectional Study.

Chudal D, Shrestha S, Shrestha R, **Paudel V.** J Nepal Med Assoc. 2021Apr.30;59(236).

<https://doi.org/10.31729/jnma.5894>

Research Presentation (Oral/Poster)

- a. **Tele-dermatology in clinical management of suspected cutaneous leishmaniasis in COVID-19 pandemic.**
Regional Dermatology Training Centre, IFD. Tanzania (Virtual)
- b. **Clinico-epidemiological characteristics of scabies in children. Do we need mass drug administration?**
38th ESPID 2020 (Virtual)
- c. **Clinical spectrum of infectious female genital lesions.**
38th ESPID 2020 (Virtual)
- d. **Spectrum of paediatric genital lesions, a hospital based clinical study in Nepal; infections more frequent than others**
WSPID Manila 2019
- e. **Clinical spectrum of non-venereal female genital conditions, a hospital based study.**
WCD Milan, 2019
- f. **Misuse of Topical Steroids in dermatological disorders.**
Dermacon International 2019, Bengaluru, India
- g. **Childhood Leprosy, a real challenge to face in Nepal.**
Joint international tropical medicine meeting 2019, JITMM 2018, Dec 2018 Bangkok, Thailand
- h. **Congenital Erythropoietic Porphyria, A rare case**
Poster in 2nd International Conference of Dermatology, XIII SODVELONCON, Kathmandu-2016
- i. **Angiokeratoma corporis diffusum, A rare case report**
Poster presentation in XII SODVELONCON-2015
- j. **Herpes Zoster: A clinico-epidemiological study, XII SODVELONCON, Kathmandu-2015**
- k. **Recurrent familial bumps, CME conducted by SODVELON, 2014**
- l. **Epithelioid sarcoma, a clinico-pathological complexity, Poster in XI SODVELONCON, Pokhara-2014**
- m. **Methotrexate in recalcitrant nodular vasculitis, XI SODVELONCON, Pokhara-2014**

Academic thesis guide of Post graduate in Dermatology and Venereology (TU)

1. Clinical and epidemiological profile of geriatric dermatoses: Dr. Rupa Thakur, MD
2. Clinico-mycological profile of dermatophytoses: Dr. Manish Bhakta Pradhan, MD

Seminar, Conference, Workshops

- a. 22nd RHTDM, Virtual Congress. International Federation of Dermatology
- b. European Society of Pediatric Infectious Diseases ESPID, Rotterdam- 2020 (Virtual)
- c. Dermacon, IADV, Pune- Jan-2020
- d. World Society of Paediatric Infectious Diseases WSPID, Manila, Nov- 2019.
- e. World Congress of Dermatology, WCD Milan-2019.
- f. Dubai dermatology and Aesthetics conference, Dubai Derma-2019
- g. Dermacon International, Bengaluru, India-2019,
- h. Derma Update, Kathmandu-2018
- i. Joint International Tropical Medicine Meetings, Bangkok, Thailand- 2018
- j. 2nd National Symposium on Dermatological surgeries, Kathmandu- 2017
- k. Second Hair Restoration Workshop, Kathmandu University, Dhulikhel- 2017
- l. 2nd International Conference of Dermatology (ICD), Kathmandu-2016
- m. XIII Annual SODVELONCON, Kathmandu-2016
- n. Fall Symposium, SAARC-AAD, Kathmandu-2016
- o. First Hair Restoration Workshop, Kathmandu University, Dhulikhel Hospital, April-2016
- p. XII Annual National Conference of SODVELON, Kathmandu-March-2015
- q. 24th Lanka Derma, Colombo. Feb-2015
- r. 1st National Conference on Eczema update, Kathmandu, Dec-2014
- s. XI Annual conference of SODVELON, Pokhara-2014
- t. Annual conference of International College of Surgeons, Kathmandu-2014
- u. Research Methodology Workshop, Kathmandu-2012

Research and Editorial Training

1. Editorial Processes for Journal Editors - Part 1,2 INASP (2019, 2020)
2. Proposal Writing and Research Writing (INASP, Summer 2017)
3. Research Communication (INASP, Autumn 2017)
4. Proposal Writing & Research Writing (Author-AID)
5. Setting up Journal in OJS, PKP School 2020

6. Editorial Workflow in OJS, PKP School 2020
7. Fast Track Publication in Journals, Nepal Medical Association 2014
8. Research Methodology Workshop at Nepal Health Research Council, Nepal Medical Association 2012
9. Research Methodology (HERD, NTC, NHRC) 2011

On-going Projects

1. Tele dermatology in pandemics, An online survey
2. Leprosy in post elimination era in Nepal: cross sectional study

Countries Visited

India, SriLanka, South Korea, UAE, Oman, Thailand, Italy, Switzerland, Singapore, Philippines