Extramedullary plasmacytomas and prognostic implications in multiple myeloma

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Multiple myeloma is a malignant proliferation of monoclonal plasma cells and is often confined to the bone and bone marrow. When the disease affects organs besides the bone or the bone marrow is called extramedullary plasmacytoma [1].

We describe the case of a 68-year-old male, with an IgG lambda multiple myeloma under second-line therapy with bortezomib, thalidomide and dexamethasone after lack of response to first-line treatment, presenting to dermatology department due to the recent development of an erythematous-violaceous nodule of 1.2 cm of diameter on the left flank (Fig. 1), an occipital subcutaneous mass with 5 x 5 cm (Fig. 2) and 4 subcutaneous nodules on the forehead (Fig. 3), between 1.5 and 2 cm of diameter. Lesions were asymptomatic and had grown rapidly in size over weeks. Skin biopsy revealed a dermal and subcutaneous nodular proliferation of immature plasma cells, morphologically and immunohistochemically consistent with cutaneous plasmacytoma. Cranial and maxillofacial computed tomographies were requested, revealing spontaneously dense regular masses at the parietal, right paramedian, frontal and right malar regions, with a lytic infiltrative aspect causing irregularity of the cortical bone and diploe (Fig. 4). The patient died 2 months later from extensive and rapid extramedullary progression.

Cutaneous plasmacytomas can occur primarily in the skin, without involvement of the bone marrow, or secondarily, from the dissemination of multiple myeloma or plasma cell leukemia [2]. Secondary cutaneous plasmacytomas occur by direct extension from underlying bone lesions or by hematogenic spread. Typically these lesions present as cutaneous or subcutaneous nodules or masses and can be erythematous-violaceous or normochromic [1,2]. There are frequently multiple lesions, of smooth and raised surface, more commonly on the trunk, extremities and face [2]. These lesions occur late in the course of the disease and dictate a poor prognosis,
with 50% of the patients dying within 6 months after diagnosis [2,3].

Consent

The examination of the patient was conducted according to the Declaration of Helsinki principles.

REFERENCES