

# Comment to: Erythroderma due to iatrogenic immunosuppression: A case of Norwegian scabies

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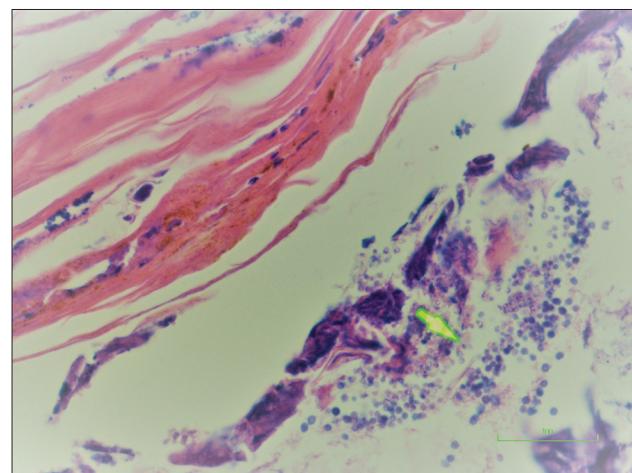
Sir,

We have read with interest the manuscript “Erythroderma due to iatrogenic immunosuppression: A case of Norwegian scabies” [1]. Such iatrogenic cases of crusted scabies are often seen where there is prolonged unsupervised use of steroids.

We had a similar case occurring in a 62-year-old female who suffered with rheumatoid arthritis and was treated with oral prednisolone. She defaulted from the medical clinic and continued self-medication with prednisolone for years. She developed a pruritic-generalized rash, which she treated with piriton and calamine lotion. This patient presented to the Accident and Emergency department in hypovolemic shock after several episodes of hematemesis and died shortly after presentation.

At autopsy a generalized crusted, and in some areas vesicular and erytheramotus rash covered her limbs, neck, chest, abdomen and back. A penetrating peptic ulcer was seen and the stomach and the rest of the gastrointestinal tract were filled with blood. A post-mortem biopsy of the crusted lesion showed sarcoptes scabiei eggs and scybala [2] within the stratum corneum (Fig. 1).

Norwegian Scabies is sequela of immunosuppression, and physicians should search for the underlying causes in each case. Patients with identifiable immunosuppressive risk factors such as organ transplantation, HIV and HTLV-1 infections, hematological malignancies and those patients with prolonged steroid use and other immunosuppressive agents are but a few who are prone to contract Norwegian Scabies [3-6]. Prolonged steroid



**Figure 1:** Sarcoptes scabiei scybala.

usage also has other complications including peptic/gastric ulcers thus physicians should be mindful of its side effects and educate patients of its usage.

## Consent

The examination of the patient was conducted according to the Declaration of Helsinki principles.

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